

**CONSENT TO RELEASE CONFIDENTIAL INFORMATION**

I \_\_\_\_\_, do hereby consent to and authorize

**Body Therapeutics and Medical Massage to obtain from / release to:**

\_\_\_\_\_  
(Name of person/ facility)

Information pertaining to my identity, diagnosis, prognosis, and/ or treatment plan.

*This information is needed for the following purposes:*

- To provide ongoing assessment and treatment plan.
- To obtain insurance, employment or government benefits.
- To enable judges, attorneys, probation/ parole officers, or health personnel to support treatment goals or make legal decisions on my behalf.
- To coordinate treatment with my pastor/ religious community.
- To coordinate between therapists in the agency for the treatment of client.
- For educational or supervisory review within that confidential framework.
- Other:

I UNDERSTAND THAT BY LAW, I NEED NOT CONSENT TO THE RELEASE OF THIS INFORMATION. HOWEVER, I CHOOSE TO DO SO WILLINGLY AND VOLUNTARILY FOR THE PURPOSE(S) SPECIFIED ABOVE. THIS AUTHORIZATION WILL HAVE A DURATION OF CONSENT NO LONGER THAN ONE YEAR. I UNDERSTAND THAT I MAY REVOKE IT AT ANY TIME EXCEPT TO THE EXTENT THAT ACTION HAS BEEN TAKEN IN RELIANCE ON MY CONSENT.

I UNDERSTAND THAT I AM ENTITLED TO A COPY OF THIS DOCUMENT IN ITS COMPLETED FORM.

\_\_\_\_\_  
(Signature of Patient)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Signature of Witness)

\_\_\_\_\_  
(Date)